

Take Courage! Jesus Walks on Rough Waters | February 8, 2026

Let's see what God's Word has to say!

Read Matthew 14:22-33

22 Immediately, Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. 23 After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, 24 and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it. 25 Shortly before dawn Jesus went out to them, walking on the lake. 26 When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. 27 But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." 28 "Lord, if it's you," Peter replied, "tell me to come to you on the water." 29 "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. 30 But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" 31 Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?" 32 And when they climbed into the boat, the wind died down. 33 Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

Read Mark 6:45-56

45 Immediately, Jesus made his disciples get into the boat and go on ahead of him to Bethsaida, while he dismissed the crowd. 46 After leaving them, he went up on a mountainside to pray. 47 Later that night, the boat was in the middle of the lake, and he was alone on land. 48 He saw the disciples straining at the oars, because the wind was against them. Shortly before dawn he went out to them, walking on the lake. He was about to pass by them, 49 but when they saw him walking on the lake, they thought he was a ghost. They cried out, 50 because they all saw him and were terrified. Immediately he spoke to them and said, "Take courage! It is I. Don't be afraid." 51 Then he climbed into the boat with them, and the wind died down. They were completely amazed, 52 for they had not understood about the loaves; their hearts were hardened.

Additional Verses:

- John 10:27 - My sheep listen to my voice; I know them, and they follow me.
- 1 Samuel 23:2 - David inquired of the Lord, saying, "Shall I go and attack these Philistines?"

- 1 Chronicles 10:14 - Saul did not inquire of the Lord. So the Lord put him to death and turned the kingdom over to David son of Jesse.
- 2 Corinthians 5:7 - For we live by faith, not by sight.
- Romans 10:17 - Consequently, faith comes from hearing the message, and the message is heard through the word about Christ.
- Hebrews 12:1,2 - Let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.
- 2 Timothy 1:7 - For God has not given us a spirit of fear, but of power and of love and of a sound mind.
- Joshua 1:9 - This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.

Connect the points below to the verses in Matthew 14:22-36 and Mark 6:45-56.

Suggest additional Scripture that can be used as a cross-reference for support. Pick one from the additional verses above or add one of your own

1. Recognize the voice of God (vs. 27)
2. Inquire of the Lord (vs. 28)
3. Step out of your boat in faith (vs. 29).
4. Keep your eyes on Jesus (vs. 30).

Ask the following questions as they relate to the points above.

1. What stands out to you? Which point or verse speaks to you the most? Why?
2. Elaborate on each point. What does the Bible tell us about each point? For example, why is it important to know God's voice? What does it mean to inquire of the Lord? What might the boat represent in your life?
3. What is one big takeaway from this lesson? What insights did you gain? Summarize what you learned in a sentence or two.
4. How does this apply to your life? Pick one of the sentences from the summary below and suggest a practical way you can put it into practice. For example, how will you keep your eyes on Jesus when you're in a difficult situation?

Commit to knowing the voice of the Lord. Spend time in God's Word daily. Inquire of the Lord before you make big decisions. Seek out Godly counsel. Get out of the boat of comfort. Keep your eyes on Jesus in rough waters.

References: [Matthew 14:22-36](#); [Mark 6:45-56](#); [John 10:27](#); [1 Chronicles 10:13-14](#); [2 Corinthians 5:7](#); [Romans 10:17](#); [Hebrews 12:1-3](#); [Joshua 1:9](#); [2 Timothy 1:7](#) [SPANISH]